

Resources and support to help care for loved ones with cerebral palsy.



## Stepping into Fall with CPFN

This season brings us a new—in many senses of the word—school year, the first hints of upcoming holidays, and all the frantic activity that can entail. In this issue, we'd like to take a little worry off your seasonal plate by sharing some tips to ease the stress of distance learning, and a few apps that can make home education both fun and productive for your child. There's a new CP Hero we'd like you to meet, a how-to on adapting toys for kids with special needs, and more!

As always, we want to hear from YOU! If you have a story you'd like to share, a question you'd like answered, or an idea for an article you'd like to read, make sure to email us at [Lee@cpfamilynetwork.org](mailto:Lee@cpfamilynetwork.org).

Do you know someone who would be a perfect fit for the CPFN community? Invite them to [join our mailing list](#) and ['like' us on Facebook!](#)

### FEATURE STORY

#### Special Needs Distance Learning During COVID-19

For many families of special needs children who chose homeschooling before the pandemic, not much has changed. But for parents and children accustomed to a school setting, it's a whole new world. Check out our tips and advice for a safe and successful school year.

[START LEARNING](#)



### COMMUNITY

#### Adapting Toys: How to Do It Yourself

Play is an important part of a child's life and is key in the development of many motor and neurological functions. All children need opportunities to discover and actively explore the world around them, but many toys are not designed with all abilities in mind. Read about some easy adaptations you can do to help make toys accessible for your child.

[DO IT YOURSELF](#)



## LEGAL

### Earlier Cerebral Palsy Diagnosis Improves Quality of Life

Earlier diagnosis allows families to better work with their doctors and specialists to create the most effective treatment plan and help children meet developmental milestones. It also helps families who may want to seek monetary compensation for their child, as statute of limitations laws bar legal action after a certain age. Filing suit is about more than money, it's about what it can do to improve the lives of those living with CP.

[LEARN MORE](#)



## JUNE CP HERO

### Say Hi to Leon

Leon was diagnosed with cerebral palsy at 9 months old, is a full time wheelchair user, and has had several difficult surgeries early in life. Despite these challenges, Leon is a bright and happy, boy who is always smiling. He turned 8 years old in June, making the most of his "lockdown birthday." Leon teaches us all that you can't control what happens in life, but you can control your attitude!

[SHARE YOUR CP HERO](#)



### Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

[TELL US WHAT YOU WANT TO READ](#)



### The Best Apps for Children with Cerebral Palsy in 2020

Having trouble deciding which apps are worth purchasing for your child? While it's fantastic that so many special needs apps are available, it can be tough to decide which ones are the most beneficial. We've compiled a list of some of the best special needs apps out there along with a quick synopsis of how each one works!

[SEE WHAT'S APP](#)



## Developmental Milestones: Get the Facts

Do you know the 6 basic skills, referred to as *developmental milestones*, that are assessed in determining your child's development? Would you recognize the signs of a developmental delay? Get the facts you need and take our milestone quiz to see if your child is on track with their developmental progress.

[GET THE FACTS](#)



"When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us." —Helen Keller

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

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