# **CP**Family**Network**

Resources and support to help care for loved ones with cerebral palsy.

### It's Time to Warm Up to Spring!

As Winter starts to release its grip and you're getting reacquainted with your old friend Spring, it might be good to remember that Summer is right around the corner, just itching to catch you unprepared. We at CPFN would like to help you avoid Summer planning procrastination by exploring some safe and fun activities right in your own back yard.

This edition also brings you the story of Michelle, and the errors from her birthing team that caused her child's cerebral palsy. Then we address some reader questions about how to get funding for handicap accessible vans and home modifications. And let's not forget about our CP Hero, Kenley!

As always, we want to hear from **you**! Got a cherished memory from the holidays? Plans for the Summer? Or an issue you're facing and could use a hand with? Send your question to <u>Lee@cpfamilynetwork.org</u> and we'll present it to our community as a *Question of the Day*.

Let's get social! With over 100k followers, our <u>Facebook</u> page gives you plenty of opportunity to connect with others in our CP community. If you know someone who would be a great addition to the family, invite them to join our mailing list and like us!

#### FEATURE STORY

#### Summer Activities for All Abilities

With COVID-19 still making summer plans uncertain, parents are trying to find ways to keep their children active and engaged throughout the long days ahead. Check out these suggestions on some great activities for children of all ages and abilities, so everybody can have something to look forward to this summer!

#### **START PLANNING**



#### LEGAL

#### Michelle's Story

Michelle's story sheds light on the most common complications that occur when expectant mothers receive regional anesthesia. When obstetrical and anesthesia personnel exercise the requisite degree of vigilance, permanent injury to baby and mother can be avoided. When they don't, the results can be devastating.

**READ HER STORY** 

#### Funding Assistance for Vehicle and Home Modifications

We've recently received a number of questions from our Facebook family about funding assistance, such as "*How do you go about getting modification money for homes for people that are wheelchair bound?*" and "*How do I get an accessible van grant?*" Here we take a look at some options and give some direction on searching for others.

#### **START SEARCHING**

#### **APRIL CP HERO**

#### Say Hi to Kenley

Kenley spent the first few months of her life in the NICU after she was born not breathing. She's made leaps and bounds and now is a thriving and charming child. She loves to talk and laugh and, though she can't walk, she doesn't let that stop her from pulling herself up to play with her cats!

#### **SHARE YOUR CP HERO**



Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

#### TELL US WHAT YOU WANT TO READ





GO



"Acceptance doesn't mean resignation. It means understanding that something is what it is and there's going to be a way through it."

-Michael J. Fox

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

#### **SHARE YOUR HERO**



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