CPFamily**Network**

JULY 2021

Resources and support to help care for loved ones with cerebral palsy.

So...How's Your Summer Going?

Let's take a break from the heat of summer with some cool content! For our newer readers, we're looking at some of the latest facts and statistics on CP. Next, we'd like to introduce you to the mother-daughter authors of your new favorite book, *The Year of the Buttered Cat*. Then it's on to the story of Diana and the string of hospital errors that led to a CP diagnosis for her newborn daughter. Finally, we'd like to share some tips on how to get the most out of doctor appointments for kids with special-needs.

We always love to hear stories from our readers. Have any personal tips for beating the summer heat? Maybe a favorite fun activity for the family? How about a special moment with your child? Tell us about it! Drop us a line at Lee@cpfamilynetwork.org and our next newsletter could feature you!

Let's get social! With over 100k followers, our <u>Facebook</u> page gives you plenty of opportunity to connect with others in our CP community. If you know someone who would be a great addition to the family, invite them to join our mailing list and like us!

FEATURE STORY

Key Facts and Statistics About Cerebral Palsy

Medical researchers dedicate their careers to learning all they can about cerebral palsy. Their work has shed light on many notable cerebral palsy facts and statistics that help us understand more about the condition, its causes and risk factors and treatment options. Read on for the latest cerebral palsy facts and statistics. CREMALIAISN BIR STREAM

LEARN MORE

COMMUNITY

A Horrific Social Media Post Inspires Memoir of Life With Severe Cerebral Palsy

Co-author Susan Haas brings us the touching story of how she and young daughter Lexi turned a cruel social media post into the motivation for Lexi's "mostly true" memoir, *The Year of the Buttered Cat.*

MEET LEXI AND SUSAN

LEGAL

Diana's Story

Seven weeks shy of her due date, Diana is rushed to the hospital, where she becomes a victim of communication errors and breakdowns of even rudimentary aspects of obstetrical care. Her baby, Julia, is eventually delivered via emergency c-section, but has suffered irreversible brain injuries consistent with a severe lack of oxygen shortly before birth.

READ HER STORY

8 Steps to Maximize Doctor Appointments for Special-Needs Children

Doctor appointments are all too frequent in the lives of families with special-needs children. The appointments themselves and the issues addressed, however, are seldom routine. Given that you will typically have only 15-30 minutes with the doctor, making the most of this time is critical. These eight steps will help you maximize the benefit of your next appointment.

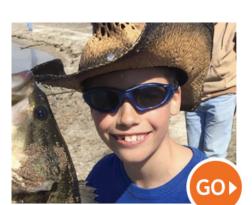
CHECK IT OUT

JUKY CP HERO

Say Hi to Shiloh

With an early quad CP diagnosis, Shiloh spent his first 14 months in foster care. Doctors said he would never walk unassisted and would likely never speak. Now 13, Shiloh speaks without a device, walks without leg braces, and recently decided to try junior high track! He has taught his family patience, perseverance, kindness, compassion and, above all, to NEVER underestimate the power of the human spirit!

SHARE YOUR CP HERO









Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

TELL US WHAT YOU WANT TO READ



"I have a child with special needs. I didn't know if I would be strong enough. Turns out I am. And so are you." —*Lisa Thornbury*

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

SHARE YOUR HERO



🖂 JOIN OUR EMAIL LIST

8 SHARE THIS EMAIL

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