

Resources and support to  
help care for loved ones with  
cerebral palsy.



## Happy New Year, CPFN Family!

No matter which holiday(s) you celebrated in the last few months or how you celebrated them, we hope they were filled with the warmth and joy we all desire and deserve. Motivated by the spirit of the season, we managed to hammer out a few pieces to get your new year off to a productive start!

To help soften that familiar holiday wallet pain, in this issue we're bringing you some suggestions for finding funds to help care for your child with CP. If you believe your child developed CP because of medical negligence, we've also prepared a short primer on what you need to know about filing a lawsuit that could improve your child's quality of life.

We then carry over some holiday generosity in *Where to Donate Old AFOs*, pointing you in the right direction to help kids in need. If you're looking to expand your playbook of possible CP treatments, check out our piece on *Cerebral Palsy and Chiropractic Care* to see if your child might benefit from this therapy.

We've also gathered some of the best news in funding, inclusion, tech and more in a review of top news stories shared on our Facebook page.

As always, we'd love to hear from you! Tips, tricks, warm stories, and family traditions...we want to hear it all! Drop us a line at [Lee@cpfamilynetwork.org](mailto:Lee@cpfamilynetwork.org) and our next newsletter could feature you!

Our [Facebook](#) page is still going strong, so come on down and meet the rest of the family!

---

### FEATURE STORY

## 7 Sources of Financial Assistance for Supporting a Child With Cerebral Palsy

Cerebral palsy can put a significant financial strain on parents and caregivers. The medical costs alone for children who have cerebral palsy are 10 times higher than those of children who do not. Fortunately, there are many ways that you can seek financial assistance.

[LEARN MORE](#)



## LEGAL

### Cerebral Palsy Lawsuits

While most parents may never know the exact cause of their child's cerebral palsy, some cases can be directly connected to medically negligent prenatal or neonatal care or even a birth injury. If you believe an error in the healthcare you or your baby received may be responsible for causing your child's cerebral palsy, the law allows you to seek financial compensation for the harm that was caused.

[GET HELP NOW](#)



## TIPS for PARENTS

### Where to Donate Old AFOs

Although your old AFOs are plastic and completely recyclable, it is worthwhile to donate them. After all, they were expensive to obtain, and you might improve the quality of life of a child with cerebral palsy or another disability.

[LEARN MORE](#)



## TREATMENTS and THERAPIES

### Cerebral Palsy and Chiropractic Care

Here in the cerebral palsy community, we know that pain, discomfort, and the struggle with mobility control affects children of all ages. While there isn't a cure for cerebral palsy, there are ways to help with the muscle stiffness, coordination, and other physical difficulties that your child may experience.

[LEARN MORE](#)



### 2021 Year in Review: It Wasn't ALL Bad

There's no denying that 2021 was, in many ways, a bit of a year to forget. Maybe even more than a bit. But just as the worst events brought us to our feet in anger or to our knees in despair, there were bright rays of hope breaking through the clouds. For us, these bright moments were often found right here in the CPFN family.

[TAKE A LOOK](#)



## JANUARY CP HERO

### Say Hi to Jazzy!

Jazzlynn aka "Jazzy" is a 5th grader who loves school, earning the "Friendliest Friend" award every year! She loves her dog, Pepper, Disney, and seeing her cousins, but her favorite thing is getting her hair done. Her big interest is learning about the "why" in both her abilities and disabilities. The baby of the family, Jazzy loves spending time with her two older brothers.

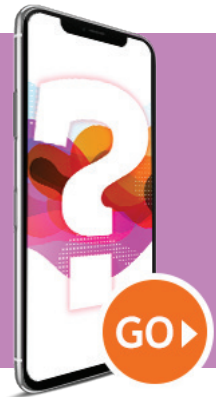
[\*\*SHARE YOUR CP HERO\*\*](#)



### Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

[\*\*TELL US WHAT YOU WANT TO READ\*\*](#)



"Promise me you'll always remember...you're braver than you believe, stronger than you seem, smarter than you think, and loved more than you know." —*Christopher Robin*

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

[\*\*SHARE YOUR HERO\*\*](#)



## MARK YOUR CALENDAR





# MARCH is Cerebral Palsy Awareness Month



 JOIN OUR EMAIL LIST

 SHARE THIS EMAIL

**CPFamilyNetwork**<sup>SM</sup>

Copyright © 2009-2022 [CPFamilyNetwork.org](https://www.CPFamilyNetwork.org) | Sponsored By CP Families in appreciation to the team of dedicated attorneys and medical professionals at [JJS Justice](https://www.JJSJustice.com) for their continued diligence and work on CP cases.

