

Resources and support to  
help care for loved ones with  
cerebral palsy.



## A Helping Hand for the Holidays

As hard as it is to believe, Fall is almost upon us. The return to school, upcoming holidays, and cooler temperatures—with any luck—all conspire to make this coming season full of both joy and challenges for us all. With this issue of the CPFN newsletter, we'd like to help you prepare for some of those challenges. Whether you're new to the CP family or an old hand at leaping the hurdles life puts before us, we've got a few things that might help ease your way.

If you've got a few tips of your own, we'd love to hear them! Drop us a line at [Lee@cpfamilynetwork.org](mailto:Lee@cpfamilynetwork.org) and our next newsletter could feature you!

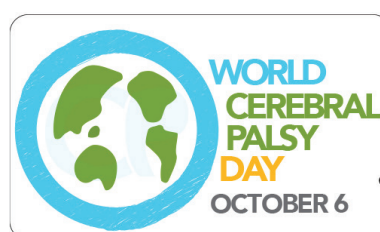
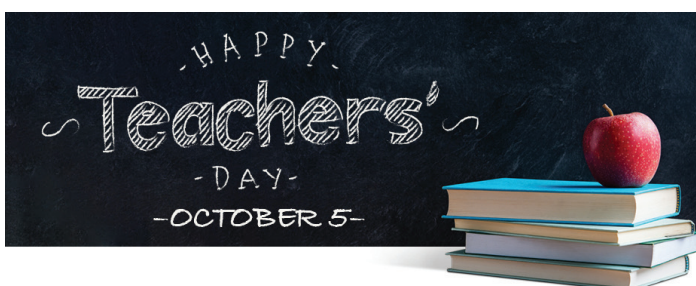
We have over 100k followers on [Facebook](#), so there are lots of folks out there to share your ideas with. If you know someone who would be a great addition to the family, invite them to join our mailing list and like us!

### FEATURE STORY

#### Back-to-School Tips for Parents of Children with Cerebral Palsy

Most school districts are in full swing by now and, regardless of what turmoil the pandemic is currently bringing, there are a few things about back-to-school that remain consistent every year. Let's take a look at a few.

[LEARN MORE](#)



## LEGAL

### How To Choose A Cerebral Palsy Lawyer

When your child is diagnosed with cerebral palsy and you believe the condition was caused by medical malpractice, you may feel an understandable sense of urgency when it comes to seeking justice for your child's injury. Legal deadlines and financial concerns can only increase your stress. Check out our tips for finding the right CP law firm.

[GET HELP NOW](#)



## TIPS for PARENTS

### When to Contact Your Child's Doctor During the Holidays

The very last holiday “gift” anyone wants is a medical issue or emergency...especially if you have a child with special needs. Who, exactly should you be calling? And what type of health issue warrants calling that healthcare provider, even if they're not in the office? We've got your answers right here.

[LEARN MORE](#)



### Best Toys for Children with Cerebral Palsy

When you're raising a child with cerebral palsy, the toys they play with need to promote the development of fine and gross motor skills, communication skills, and intellectual growth—which means they should be carefully chosen to accommodate your child's unique abilities. But they should also be a safe and fun way to help your child build new skills. Have a look at our picks before you start shopping.

[CHECK IT OUT!](#)



## SEPTEMBER CP HERO

### Say Hi to Emily

Determined, outgoing and happy, this 20-month-old has CP as a result of perinatal stroke. Emily is a hard worker, doing her best to never let CP stand in the way of anything she wants to do. She LOVES being outdoors—swimming, swinging with her older sister, and loving on her dog. With her contagious, heartwarming smile, Emily is every bit the sweetest and happiest baby!

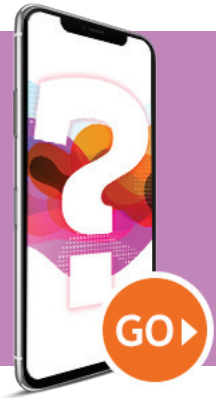
[SHARE YOUR CP HERO](#)



## Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

**[TELL US WHAT YOU WANT TO READ](#)**



“Life's challenges are not supposed to paralyze you; they're supposed to help you discover who you are.” —*Bernice Johnson Reagon*

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

**[SHARE YOUR HERO](#)**



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