

Resources and support to
help care for loved ones with
cerebral palsy.



What's New This Spring?

Spring is the time we celebrate all that is new, doing our best to nurture and help it grow. It is delightful in all its forms, whether just beginning, maintaining slow but steady progress, or sprouting with great speed and energy.

In this issue we explore these different facets, from observation and care in watching for signs of cerebral palsy in infants and toddlers, to ongoing prosperity through CP-focused nutrition and dental care.

We'd love to hear your stories of Spring growth and progress, challenges met and conquered, or the battles still being fought. Tell us about your summer plans, as well! Reach out to us at families@cpfamilynetwork.org and we'll share with the CPFN family.

If you haven't already, check out our [Facebook page](#). Over 113,000 strong, it's an active community full of inspiring news, CP Heroes, personal stories, and more!

FEATURE STORY

What Are the Potential Signs of Cerebral Palsy in Infants and Toddlers?

Cerebral palsy is typically characterized by a child's inability to control their muscles, and it may be first apparent in a child's struggle to achieve developmental milestones. Sometimes, CP is the result of brain damage sustained during labor and delivery. While some children with CP receive a diagnosis in the first few months of birth, it is even more common for many to go one to two years before being diagnosed.

[LEARN MORE](#)



LEGAL

What to Know About Legal Compensation and Claims for Cerebral Palsy

Many cerebral palsy cases have no known cause, according to the Centers for Disease Control and Prevention. However, some cases may stem from inadequate professional prenatal or neonatal care, or incidents during labor and delivery. If you suspect medical negligence caused cerebral palsy in your child, you may have a case for compensation. Read on to learn about legal compensation and claims for cerebral palsy.

[**GET HELP NOW**](#)



TIPS for PARENTS

Cerebral Palsy and Dental Care

Cerebral palsy doesn't cause oral abnormalities on its own, but children with cerebral palsy can be more susceptible to oral hygiene conditions and complications than the general population. Cerebral palsy dental care is an important part of managing your child's life. With routine dental checkups and regularly practiced oral care at home, your child can maintain healthy teeth and gums.

[**BRUSH UP ON DENTAL FACTS**](#)



Cerebral Palsy Nutrition Guide

All children need a nutritious and balanced diet for healthy development. But children with cerebral palsy have certain physical challenges and potential nutritional deficiencies that make it crucial to carefully monitor and plan their daily diet. For those reasons, nutrition therapy is often an integral part of caring for a child with CP.

[**TAKE A BITE**](#)



APRIL CP HERO

Say Hi to Charleston!

Abandoned at age 2, Charleston was fostered—and eventually adopted—by his respiratory therapist. Charleston went from not even being able to sit up on his own to a thriving 1st grader, running down the school halls with his walker. His mother says, "he is the best thing I have ever done with my life. People always tell me Charleston's the lucky one, but it was me that became lucky the day we became a forever family. I love him so much and thank God every day for how perfect he is."

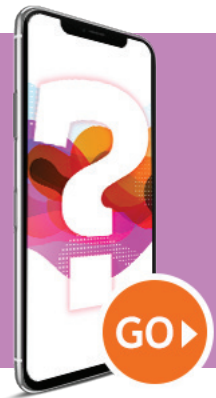
[**SHARE YOUR CP HERO**](#)



Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

[TELL US WHAT YOU WANT TO READ](#)



"The individual who says it is not possible should move out of the way of those doing it." —Tricia Cunningham

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

[SHARE YOUR HERO](#)



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