# **CP**FamilyNetwork

Resources and support to help care for loved ones with cerebral palsy.

## So...How's Your Summer Going?

By this time most kids are out of school for the summer, well-deserved vacations are in the works, some lucky people are enjoying lazy summer afternoons, while others are embracing the busy daily routine that makes a family a family. It's enough to keep anyone on their toes.

With the busy schedule most CP families keep, summer tends to be anything but boring, and moments of rest can be rare. With that in mind, we'd like to give you a few tidbits to peruse in your precious down time. In this issue, we'll cover some of the ways CP can occur during labor and delivery, what to do if you think someone was at fault, potential signs of CP in newborns, and some common diagnostic tools.

As always, we'd love to hear how your summer is going—fun new activities you've discovered, tips and tricks to beat the heat, or even early plans for getting back to school. Reach out to us at <u>families@</u> <u>cpfamilynetwork.org</u> and we'll share with the CPFN family.

If you haven't already, check out our <u>Facebook page</u>. Over 113,000 strong, it's an active community full of inspiring news, CP Heroes, personal stories, and more!

#### FEATURE STORY

### Fetal Heart Monitoring: How Mistakes Happen in Labor and Delivery

Electronic fetal heart monitoring is used in nearly all hospital births in the United States. The technology has been around for decades. But medical records of brain-injured infants I review each week frequently show that although fetal monitoring was showing the baby was experiencing high levels of distress while still in the womb, nurses or doctors failed to take appropriate action.



#### LEARN MORE

#### LEGAL

## Mismanagement of Labor and Cerebral Palsy

The normal progression of labor is marked by dilatation of the cervix, thinning out of the cervix, and descent of the baby down the birth canal. If any of these progression markers are delayed or stalled, the medical staff needs to evaluate whether there's prolonged or arrested labor. Failure to properly manage labor can lead to serious complications, including cerebral palsy caused by medical negligence.



#### **GET HELP NOW**

#### **CP DIAGNOSIS**

## Potential Signs of Cerebral Palsy in Newborns

Cerebral palsy (CP) affects motor skills, movement, and muscle tone while hindering the body from moving in a purposeful and coordinated way. It may also affect other body functions involving muscles and motor skills like talking, bowel and bladder control, eating, and breathing. Cerebral palsy signs newborn babies may exhibit are often the result of brain damage happening before or during childbirth.



#### KNOW THE SIGNS

## Magnetic Resonance Imaging (MRI) and Cerebral Palsy

When diagnosing cerebral palsy (CP) in children, doctors may use imaging procedures to gain insight into how a child's nervous system is functioning. Neuroimaging procedures are tests that healthcare professionals can use to study seizures and related neuromuscular disorders in children. Learn more about neuroimaging through magnetic resonance imaging (MRI) and cerebral palsy MRI evaluations.



#### TAKE A CLOSER LOOK

## JULY CP HERO

#### Say Hi to Azalea!

This 15-year-old is a great kid, a complete social butterfly, and doesn't let multiple disabilities get in her way of living a fulfilling life. She loves animals, newborn babies, live music, lucha libre, musical theater, and speaking Spanish.

#### **SHARE YOUR CP HERO**



#### Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

#### TELL US WHAT YOU WANT TO READ

## "Challenges are inevitable, defeat is optional." — Roger Crawford

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

#### **SHARE YOUR HERO**



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#### MARK YOUR CALENDAR



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