

Resources and support to
help care for loved ones with
cerebral palsy.



Welcome to Our CP Summer Smorgasbord

Much like the traditional Swedish meal that includes a bit of everything, this edition of our newsletter offers a diverse array of appetizing flavors of cerebral palsy information for you to savor. We'll cover a variety of favorites, from the early signs of cerebral palsy to what you should do if your child's birth injury was caused by medical negligence. You'll also find tidbits on what's known as Mixed CP, get some insight into behavior modification therapy, and have a peek at what equipment is available for mobility, balance, and communication.

So have a seat, take a break from the summer heat, and check out these awesome treats. As always, we'd like to hear about what's on your CP plate. Send your story to families@cpfamilynetwork.org and it could be shared with the entire CPFN family and beyond!

Don't forget to check out our [Facebook page](#). With over 113,000 family members sharing news, CP Heroes, personal stories, birthdays, and more, there's something interesting for everyone!

FEATURE STORY

What Are the Early Signs of Cerebral Palsy?

The first months and years of a child's life are filled with milestones. Your child will typically start crawling, walking, and exhibiting other behaviors during this time. If your child fails to reach these milestones, it could be an indication of cerebral palsy. **These common early signs of CP can help you be aware if your child may have this condition.**

WHAT TO LOOK FOR



LEGAL

What Can I Do if I Suspect HIE Brain Damage Resulted from Medical Negligence?

Although financial assistance is sometimes available through government programs, public services, and support, it often fails to meet the full financial needs that families of children with hypoxic-ischemic encephalopathy (HIE) face. Here, we'll discuss what **options you have if you suspect your child's HIE brain damage was the result of medical negligence.**

[GET HELP NOW](#)



TYPES of CP

Types of Non-Spastic Cerebral Palsy: Mixed CP

Cerebral palsy can take various forms. Whether it's spastic, dyskinetic, or ataxic, each affects the patient's body in different ways. In some cases, a child may have symptoms from multiple forms of cerebral palsy—this is known as mixed CP. **Click below to learn more** about what mixed CP is, its prognosis, and treatment.

[LEARN MORE](#)



CP TREATMENTS

Behavioral Modification Therapy and Cerebral Palsy

Between 25 and 30% of children with cerebral palsy also have a behavioral disorder. Many other children with cerebral palsy also find interacting socially with others difficult. **Behavioral modification can help** these children regulate their bodies and moderate their emotions.

[GET THE FACTS](#)



EQUIPMENT

Equipment for Cerebral Palsy

A variety of equipment is available that can assist with a variety of issues, such as **mobility, balance, and communication.** Many devices also help strengthen muscles and correct minor issues. Learn more about the different types of cerebral palsy equipment that can help your child live a more normal life.

[KNOW YOUR OPTIONS](#)



JULY CP HERO

Say Hi to Samara!

Samara experienced an RH stroke in utero that led to some physical deficits and delayed cognitive development. Now 16, her father describes her as “the light on dark days, the rainbow after a storm, the warmth of a fireplace, and the sea breeze on a warm tropical beach. She has a beautiful soul and a hilarious personality.”

[SHARE YOUR CP HERO](#)



Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

[TELL US WHAT YOU WANT TO READ](#)



“I don’t need easy. I just need possible.” —Bethany Hamilton

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they’re your CP Hero.

[SHARE YOUR HERO](#)



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