

Resources and support to
help care for loved ones with
cerebral palsy.



Celebrating Progress, Sharing Knowledge

Welcome to the October 2025 edition of the Cerebral Palsy Family Network newsletter! As the seasons shift and we move into autumn, we're excited to bring you another issue filled with helpful information, encouragement, and support for families navigating life with cerebral palsy.

This quarter, we're exploring a wide range of topics designed to inform and empower. Whether you're just beginning your journey or have years of experience, there's something for everyone in this issue! We'll take a closer look at the various conditions that can lead to cerebral palsy, along with early signs to watch for in infants around 7 to 8 months old. We're also highlighting dystonic cerebral palsy, a less common non-spastic form, to help broaden understanding of this complex condition.

Looking toward the future, we dive into emerging treatments with an overview of stem cell transplant research, and we spotlight adaptive devices that can make daily life more accessible and independent for children and adults alike.

Thank you for being part of this amazing community. Together, we continue to learn, grow, and support one another—every step of the way.

If you haven't already, check out our [Facebook page](#). Over 113,000 strong, it's an active community full of inspiring news, CP Heroes, personal stories, and more!

FEATURE STORY

What Are Some Conditions That Can Cause Cerebral Palsy?

Cerebral palsy (CP) is the most common form of childhood motor disability, affecting about 3.3 out of every 1,000 children. A variety of conditions and risk factors can cause cerebral palsy, and **researchers learn more about what causes this neurological disorder every day.**

[LEARN MORE](#)



CP DIAGNOSIS

Potential Signs of Cerebral Palsy in 7-8-Month-Olds

Early diagnosis often leads to better outcomes as children can enter early intervention programs sooner. Take a closer look at **some of the potential signs of cerebral palsy** in babies who are 7 to 8 months old.

[WHAT TO LOOK FOR](#)



TYPES of CP

Types of Non-Spastic Cerebral Palsy: Dystonic

Dystonic cerebral palsy, sometimes called dystonia, is a form of CP that causes changes in muscle tone and involuntary movements or uncontrollable muscle contractions. These movements may take the form of tremors, tics, contractions, or other types of dystonia. **Read on to learn more about dystonic cerebral palsy.**

[GET THE FACTS](#)



ALTERNATIVE THERAPIES/TREATMENTS

What to Know About Stem Cell Transplant as a Treatment for Cerebral Palsy

Stem cells have the remarkable potential to develop into many different types of cells, such as muscle, brain, or red blood cells. Although more research is needed, researchers have published findings suggesting that repair to the brain may be possible—and that **stem cell treatment for CP may improve a child's outlook.**

[LEARN MORE](#)



Adaptive Devices for Cerebral Palsy

Children with cerebral palsy face unique challenges in daily tasks, but **adaptive equipment devices may make completing daily activities more manageable.** Technology and other devices are available to assist with self-care activities such as dressing, bathing, grooming, and feeding, while adaptive toys offer body awareness and ways to interact with others and have fun.

[READ ON](#)



OCTOBER CP HERO

Say Hi to Sophie!

Sophie is her family's hero—she never gives up and uses the biggest amount of determination every day to help overcome the challenges she faces. She does all of this with the biggest smile on her face!

[**SHARE YOUR CP HERO**](#)



Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

[**TELL US WHAT YOU WANT TO READ**](#)



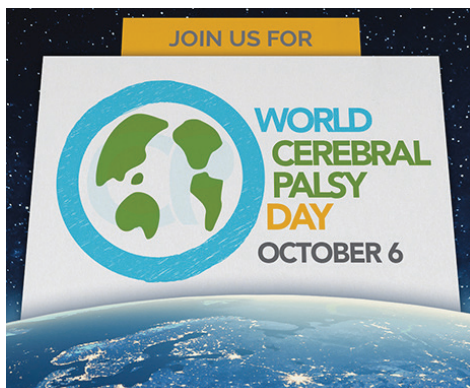
"What lies behind you and what lies in front of you pales in comparison to what lies inside of you." —Ralph Waldo Emerson

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

[**SHARE YOUR HERO**](#)



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