

Resources and support to  
help care for loved ones with  
cerebral palsy.



## Finding the Right Path Forward

Every cerebral palsy journey is unique, and finding the right combination of therapies, treatments, and support can make all the difference. In this issue, we explore a range of options families may encounter—from natural and complementary therapies and the benefits of yoga to surgical interventions that can improve mobility. We also take a closer look at cognitive impairment in cerebral palsy, helping families better understand the challenges and strengths that shape each individual's experience.

We always love hearing from our community. What's happening on your CP journey? Share your story with us at [families@cpfamilynetwork.org](mailto:families@cpfamilynetwork.org), and it could be featured for the entire CPFN community—and beyond—to read and learn from.

Be sure to join us on [Facebook](#), where more than 113,000 members connect every day to share news, CP Heroes, personal stories, milestones, birthdays, and encouragement. We'd love to see you there!

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### ALTERNATIVE THERAPY / TREATMENTS

#### What Natural Treatments Are Available for Cerebral Palsy?

Many families explore natural and complementary therapies to help manage cerebral palsy symptoms and support overall well-being. From massage and acupuncture to dietary changes and holistic approaches, understanding the benefits and limitations of these options is important. This article explores **therapies that may complement traditional medical care.**

**[EXPLORE NATURAL TREATMENT OPTIONS](#)**



## LEGAL

### Samantha's Story

When Samantha noticed her baby's movements had changed, she sought reassurance at a routine prenatal appointment. Her story highlights the importance of listening to concerns during pregnancy and understanding how critical timely medical care can be for both mother and child. **Read this powerful account and its lasting lessons for families.**

[GET HELP NOW](#)



## TIPS for PARENTS

### Need Help Covering Cerebral Palsy Costs? Start Here.

The costs of raising a child with cerebral palsy can add up quickly, but financial help is available. Discover grants, government programs, nonprofit resources, and fundraising options that can ease the burden and **help your family access the care, equipment, and support your child needs to thrive.**

[LEARN MORE HERE](#)



## CP DIAGNOSIS

### Premature Birth and Cerebral Palsy

Premature birth can increase a child's risk of developing cerebral palsy, particularly when complications affect the developing brain. Understanding the connection between preterm birth and cerebral palsy can help families **recognize risk factors, seek early interventions, and make informed decisions about care.** Explore the causes, risks, and outcomes.

[GET THE FACTS](#)



## JULY CP HERO

### Say Hi to Makailah!

#CPHero Makailah is an 8-year-old whose strength and resilience shine beyond her cerebral palsy diagnosis. After a traumatic brain injury, her family was told what she might never do. Today, her smile, determination, and joyful spirit inspire others to celebrate every victory, embrace inclusion, and find hope in life's challenges.

[SHARE YOUR CP HERO](#)



## Got a Story Idea?

Some of our most popular blogs and articles have come straight from the CPFN community. Travel tips, new therapies, inspiring people... whatever you want to see on our pages. After all, this is your newsletter!

**[TELL US WHAT YOU WANT TO READ](#)**



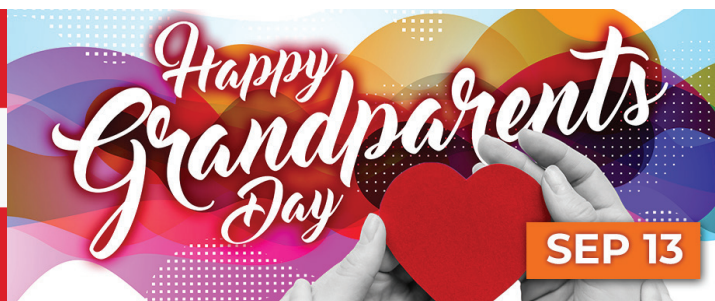
*"There is no such thing as a perfect parent. So just be a real one."  
—Sue Atkins*

We love celebrating amazing kids and helpers in the CP community, so if you want to see your child or loved one featured on our page and newsletter, we want to hear from you! Send us a photo, a short bio, and tell us why they're your CP Hero.

**[SHARE YOUR HERO](#)**



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